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# Outbreak of E. coli foodborne illness in

May 26, 2011

**ERMC** 

There is currently an outbreak of food borne illness caused by a specific strain of the late to as EHEC, the illness is occurring among the civilian population in northern Germany

Consuming food or water that has been contaminated with these bacteria can cause be some cases, these bacteria can cause a severe, potentially life-threatening form of the (HUS).

According to the Robert Koch Institute, Germany's national disease control and preve hundreds of illnesses caused by EHEC. This includes at least 214 cases of HUS and t in the U.S. military community. The source of the bacteria is uncertain; however, Gern vegetables as a potential source. Past outbreaks of these types of *E. coli* have involv include ground beef, vegetables, fruits, raw milk, and water.

People can become ill after consuming contaminated food that has not been properly I less than five years of age, elderly people, and individuals with other illnesses have th serious forms of the illness.

Until more information is released by German public health officials, Public Health Con Regional Medical Command health officials encourage everyone to practice safe food include washing hands before preparing food and before eating, storing food at prope temperatures, washing fruits and vegetables prior to eating and not allowing cooked for the story of the story of

If German health officials identify a specific food product as the source of this outbreal will communicate the food safety risk through military-related news media and comman

Persons who develop diarrhea should practice strict hand hygiene, drink plenty of flui presence of visible blood. Those who have health concerns and develop a foodborne healthcare provider. Anyone with bloody diarrhea should see their provider or seek n

## For more information:

Safe food handling fact sheets for vegetables and fruits are available at: http://www.fda.gov/food/resourcesforyou/consumers/ucml14299

Safe food handling fact sheets for meat products are available at

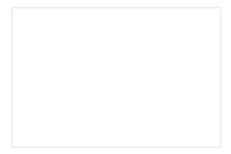
http://www.fsis.usda.gov/factsheets/safe food handling fact sheets/index.asp

An overview of information regarding enterohemorrhagic *E. coli* can be found at: http://www.cdc.gov/nczved/divisions/dfbmd/diseases/enterohemorrhagic ecoli/te-

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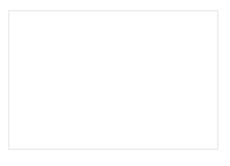
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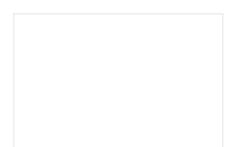
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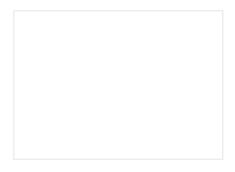
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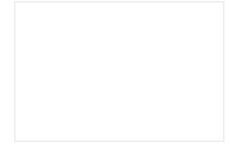
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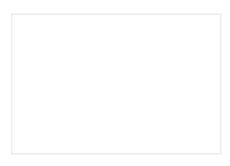
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